





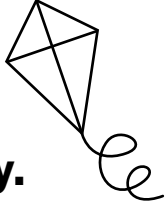
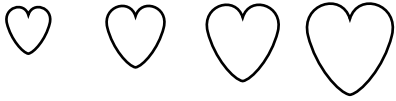

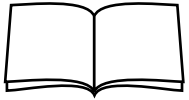
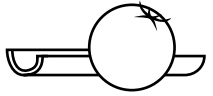


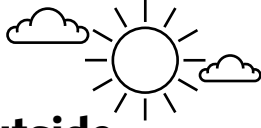


Name: _____

Teacher: _____

Complete one activity at home each day. Have an adult initial and date each square as you complete them. You may complete one row at a time, horizontally or vertically. Do your best to try all activities for a full card!

Hand in your BINGO card on _____

		
 <p>Eat a healthy breakfast.</p> <p>Date _____ Signature _____</p>	 <p>Go to the park to play.</p> <p>Date _____ Signature _____</p>	 <p>Give 4 (or more) hugs today.</p> <p>Date _____ Signature _____</p>
 <p>Get a good night's sleep.</p> <p>Date _____ Signature _____</p>	 <p>Enjoy a bedtime story.</p> <p>Date _____ Signature _____</p>	 <p>Have veggies for a snack.</p> <p>Date _____ Signature _____</p>
 <p>Go for a walk with your family.</p> <p>Date _____ Signature _____</p>	 <p>Draw your favourite vegetable.</p> <p>Date _____ Signature _____</p>	 <p>Play outside with a friend.</p> <p>Date _____ Signature _____</p>