

Vegetarian Wrap with Havarti



1 serving



15 minutes

INGREDIENTS

Wrap

1 large collard green leaf
2 slices Saputo Havarti cheese
1 tomato, sliced
¼ yellow bell pepper, julienned
1 carrot, julienned
1 red cabbage leaf, julienned
½ avocado, sliced
2 tbsp (30 mL) hummus

DIRECTIONS

Step 1

Blanch collard leaf one to two minutes in boiling water.

Step 2

Spread hummus on the collard leaf.

Step 3

Place Havarti cheese slices on top and garnish with remaining ingredients.

Step 4

Roll and slice.